



# DCB STRATEGIES

Decide Commit Become

## WEDNESDAY WEEKLY WISDOM!

### "PUSH"

**Push yourself to your limits.  
That's how you truly grow.**

**Push yourself because no one  
else is going to do it for you.**

**Push harder than yesterday if  
you want a different tomorrow.**

**P:** Persist

**U:** Until

**S:** Something

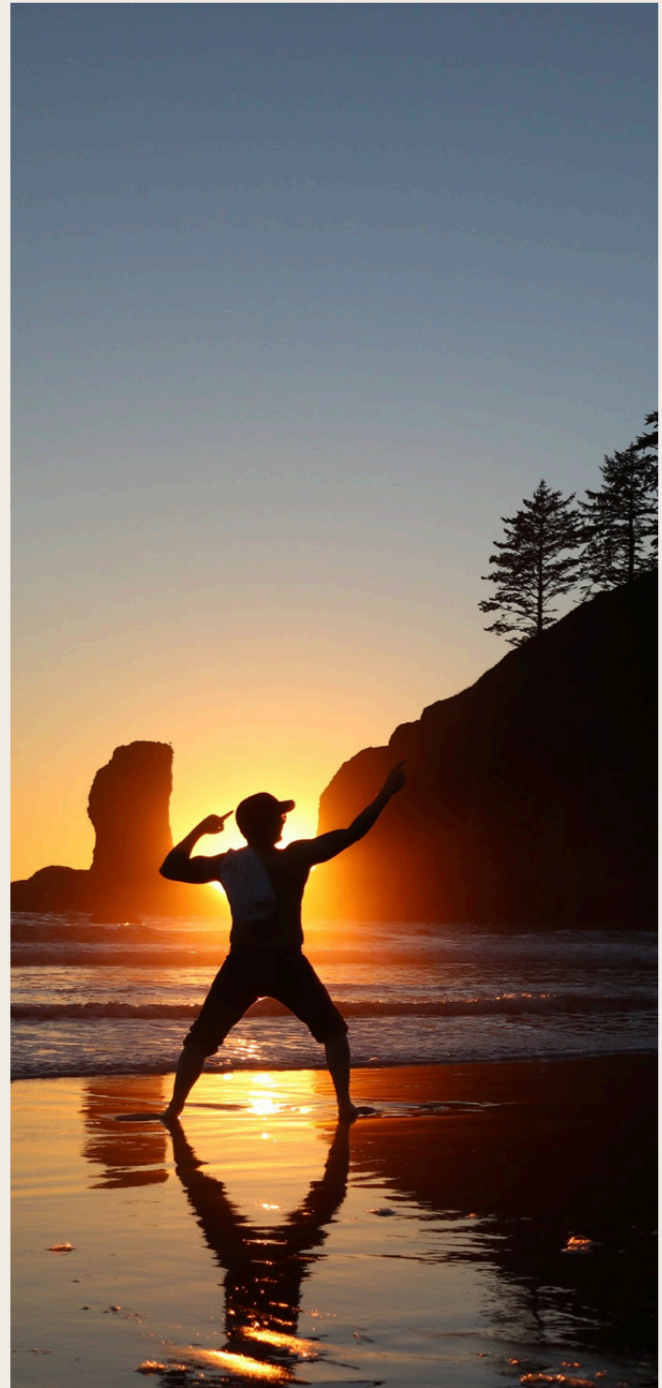
**H:** Happens

**Maybe you don't have to push  
yourself forward. Maybe you  
just have to stop holding  
yourself back.**

**Secret to success is to keep  
pushing and stay focused.**

**The only pushup you won't be  
able to do is the one you never  
do.**

**Either push life or life will push  
you.**



**Being The Best And Average Have Nothing In Common**