



DCB STRATEGIES

Decide Commit Become

WEDNESDAY WEEKLY WISDOM! "HEALTH"

The greatest wealth is health.

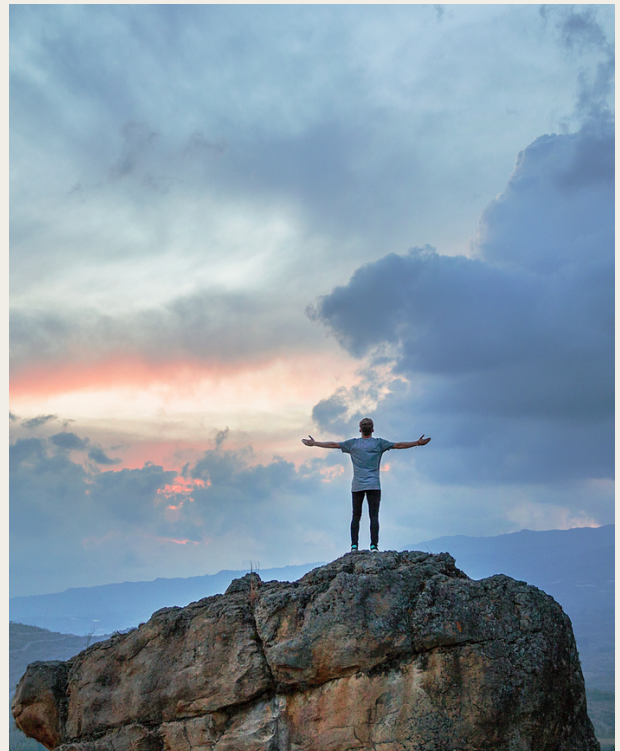
Health is like money. We never have a true idea of its value until we lose it.

If you don't make time for your wellness you will be forced to make time for your illness.

Good health is not something we can buy. However it can be an extremely valuable savings account.

Take care of your body. It is the only place you have to live.

Health is an inside job.



Being The Best And Average Have Nothing In Common

Let's Get Healthy - DCB Strategies 