



DCB STRATEGIES

Decide Commit Become

WEDNESDAY WEEKLY WISDOM! "12 TRUTHS TO REMEMBER"

1. The past can't be changed.
2. Opinions don't define your reality.
3. Everyone's journey is different.
4. Judgements are not about you.
5. Overthinking will lead to sadness.
6. Happiness is found within.
7. Your thoughts affect your mood.
8. Smiles are contagious...be a carrier.
9. Kindness is free...pass it around.
10. It is okay to let go and move on.
11. What goes around comes around.
12. Things always get better with time.



Being The Best And Average Have Nothing In Common